Weekly Schedule

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|  | **2/21** | **2/22** | **2/23** | **2/24** | **2/25** |
| **PE/Health** | No School | Pickle ball Tournament | Pickle ball Tournament | Pickle ball Tournament(Take Home Health Assignment) | Pickle ball Tournament(Take Home Assignment Due) |
| **MS 8th Grade** | No School | Badminton Tournament | Badminton Tournament | Badminton Tournament | Badminton Tournament |
| **Sports/Rec** | No School | Badminton/ Fitness | Badminton/ Fitness | Badminton/ Fitness | Badminton/ Fitness |
| **Fit/Act** | No School | Weight room/Game day Prep | Weight room/Game day Prep | Weight room/Game day Prep | Weight room/Game day Prep |
| **S&C** | No School | Weight room | Weight room | Weight room | Weight room |

\*Standards Related to Net-wall sports, fitness, and sportsmanship (found in standard section of web page)

**Reminder**- All students who fail to dress will lose participation points for that day.

Tournament play will be double elimination

If your team fails to show up you will forfeit that round

Weight room will be following the S&C workouts and warm-ups on the board.

Take home assignment- Chapter 21 Alcohol Worksheet

Special Note- Parent teacher conferences this Thursday 2/24 from 4 to 7 p.m.